



AFib and Stroke: Important Information to Know

AFIB AND STROKE

AFib may lead to a nearly
5x
INCREASED RISK
OF STROKE



AFib may cause
1 IN 4 STROKES
in people older than 80 years

Those strokes

- May tend to be more severe than strokes from other causes
- May be more likely to lead to death than strokes from other causes

RISK FACTORS FOR AFIB



High blood pressure



Heart disease



Drinking alcohol



Sleep apnea



Other long-term medical conditions

SYMPTOMS OF AFIB



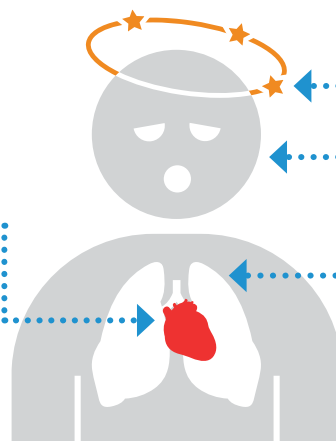
Irregular heartbeat



Heart palpitations (fluttering, pounding, or fast heart beat)



Chest pain



Feeling lightheaded

Extreme fatigue

Shortness of breath

But not everyone has symptoms

MANAGING AFIB



Medication



Lifestyle changes



Medical procedures

Can be used to



Control heart rate and rhythm



Decrease the risk of stroke and other complications

WORK WITH YOUR HEALTHCARE PROVIDER



If you think you have AFib

- If you think you have any of the signs and symptoms of AFib, talk with your healthcare provider about getting screened



If you have AFib

- Work with your healthcare provider to make healthy lifestyle changes
- Follow your treatment plan to help control your AFib and potentially lower your risk for complications such as stroke