

## QUESTIONS TO ASK YOUR DOCTOR:

These questions can help guide the conversation with your doctor about how best to manage your heavy periods.

- Do I need to undergo any tests?
- Do I need to see a gynaecologist?
- What are the management options, and what are the advantages and disadvantages of them?
- What if I'm trying to conceive now or in the future?
- When should I see an improvement?
- How frequently should I see you for check ups?

Note down any other questions you might have, print it out and take to your doctor's appointment.

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